



# Essential Life Saving Skills for Africa

Skills Save Lives

[www.elssafira.org](http://www.elssafira.org)

## Helping Babies Breathe (HBB) Project by ELSSA

1 in 10 babies don't breathe after birth, in Africa they die



Helping Babies Breathe (HBB) programme trains midwives & nurses how to save a newborn's life in the first critical minute after birth, known as **The Golden Minute**.

The project also provides each Midwife with a newborn Bag & Mask baby resuscitator, which can be used to save the lives of many babies.

The results in other countries show a phenomenal 47% reduction in neonatal mortality and stillbirths i.e. thousands of healthy infants surviving.

The HBB course trains local midwives to be trainers, resulting in a **sustainable programme** that repeats itself for years to come.



ELSSA, a Northern Ireland Charity aims to provide 200 midwives in South Sudan with the HBB **training** and a **newborn Bag-Mask resuscitator kit; the cost is £50 each**.

Support this valuable project, **your donation and support** will directly contribute to the survival of many newborn babies.

**£50 Buys a Newborn Baby Bag and Mask Resuscitator and the training for a midwife**

How you can get involved

- Donate £ 50 or whatever amount you wish
- Run a fundraising event- coffee morning, bridge night etc
- Do a sponsored personal challenge & donate the sponsorship –
- Sponsor one resuscitator or as many as you like

Go to [VirginMoneyGiving.com](http://VirginMoneyGiving.com) - Essential Life Saving Skills for Africa and donate or

Personal challenge - set up your personal challenge sponsorship page and get going.

or through

[www.elssafira.org](http://www.elssafira.org) Donate Page;  
or contact ELSSA email [info@elssafira.org](mailto:info@elssafira.org)

Thank you for your support

